

Dress Code For Upper and Middle School 2022-2023 Updates in **Bold**

The spirit of the dress code is that students arrive at school looking neat, clean, professional, and ready to attend class. Clothing that is in any way offensive or would not be appropriate in a professional environment will not be allowed. Using the dress code as a means of being provocative or exhibiting extreme dress or styles will not be allowed.

When out of dress code, the school may elect to provide appropriate clothing and charge the families account. There is no option to opt out of paying for clothing the school provides to assure a child is meeting the dress code.

Specific regulations follow:

Personal Appearance & Accessories

All students must maintain a neat appearance. Inappropriate makeup and extreme or ill-fitting clothing will not be permitted.

Students will not wear clothing bearing suggestive or offensive slogans or ones that advocate violence, alcohol, tobacco, sex, or drugs. Students will not wear clothing bearing any political statement, image, or slogan, regardless of political party or intent.

No hats (of any style) or caps are permitted. If a hat is needed for an athletic event or a school-sponsored activity it must remain in the student's bag or locker until it is needed and then worn ONLY at the specific event. Hats or head coverings seen inside buildings will be taken and not returned.

Clothing should not be tight-fitting. Camouflage clothing, bags, shirts, jackets, or any other clothing type is not permitted.

Body piercing or tattoos that are visible are not allowed. Ear piercings only are permissible, not to exceed 3 total per ear, but no chains may be worn on the ear, and spacers are not permitted.

Frayed, distressed, or torn clothing may not be worn. All pants must be properly hemmed.

Artificial hair is permitted if it looks natural. Subtle natural color highlighting of hair is permitted.

All students must wear shoes that completely cover the toes and have a back. NO CROCS, HEELIES, or FLIP FLOPS. Sandals are permitted but must have back straps and closed toes.

Shirts and Tops

No tee-shirts (including long sleeves) will be allowed <u>unless school-branded</u>. School branded tee-shirts can not be cut, hemmed, or modified in any way, and must fit loosely. Tee-shirts may be worn under in-dress-code shirts and may show.

All shirts or tops must be button-up or collared shirts (polo-type shirts are acceptable), with sleeves. The shirts must cover just below the collarbone, but a single color tee-shirt may be worn under the shirt to assure proper coverage. Shirts may not have images, words, or logos with the exception of a small brand logo (3 inches or less) on one side of the shirt. Shirts may be of any color or variety of colors.

Shirts may not be skin tight or so tight as to reveal the lines of the undergarment underneath.

Team uniforms may be worn as top only per coaches' instruction on designated days. Exceptions may be made for a specific team or club uniforms for special situations as announced.

Shorts and Pants (No Denim)

Students may wear Capris, Slacks, linen style, or Khaki style pants. Shorts and skirts are permitted. Must be no shorter than 4 inches from the top of the knee. Jeans or jeans like fabric of any color is not allowed. Fabric printed to look like jeans are not permitted. Workout, sweat pants, jogging pants, or any other casual athletic type pants are not permitted. **Students are permitted jeans on Friday's only.**

No athletic wear of any kind such as but not limited to; work-out pants, joggers, or sweatpants.



Pants may not have holes of any kind or be ripped or distressed in any way.

All pants must be neat and clean at all times and worn in the manner that they were intended to be worn.

No sagging pants at any time.

Overalls may be worn providing that all buttons or snaps are fastened correctly. Shirts worn under overalls must be long enough to conceal undergarments and skin. (No Denim)

Pants can not be form-fitting or transparent as to show underwear. Fully opaque, solid color leggings are allowed only under dresses, skirts, and shorts of approved length. No leggings that match the student's skin tone. No neon/fluorescent colors.

Outerwear

Jackets, sweatshirts, coats, or any other winter gear are to be neat, well maintained (no rips, tears, or stains). Outerwear must be free from graphics or lettering, with the exception of RFM branded graphics or logos smaller than 3 inches. <u>All sweatshirts must be school-branded only.</u> Knitted sweaters and cardigans are allowed and do not need to be school-branded. No open mesh or net style "sweaters".

<u>Outerwear with hoods is not permitted.</u> Jackets and coats are permitted in the following approved <u>solid single colors</u>: red, burgundy, rust, blue, navy, black, gray, white, cream, beige, and brown. No reflective, camouflage, denim, or neon/fluorescent. <u>School branded gear with hoods are not permitted. Hooded gear will be taken and not returned.</u> <u>Parents are encouraged to come to school and provide appropriate clothing on cold days.</u>

Students may bring winter hats and caps when the temperature is below 40 degrees, but these may only be worn outside.

Students must be in dress code under their outerwear. All undershirts must not be longer than the outer layer.

Dresses

One-piece dresses may be worn provided the dress naturally hangs to 4 inches above the knee cap while standing. A tee-shirt may be worn under a dress to assure that the collar bone is covered. Dresses are not required to have a collar. Dresses may not have images, words, or logos with the exception of a small brand logo (3 inches or less) on one side of the dress. Dresses may be of any color or variety of colors.

Athletic Classes

Gym clothes or clothing to be worn for outdoor events or classes, with teachers' permission, is allowed, as outlined below. These garments may not be worn in any other area at any time.

All students must change into athletic wear during athletic class and must change back into the academic school dress code before their next class. Students with athletic classes during 1st or last block are required to arrive and leave school in the academic school dress code. Students must wear grey, red or black tops, and grey, red or black pants or shorts. Athletic shorts must be 6 inches above the knee or solid school-colored leggings worn if higher. Team-issued gear or apparel is permitted.

Spirit Days/Dress Down Days - This includes Homecoming, Spirit Week, Halloween, and other special days throughout the year. The specific dress will be announced in advance. Students not dressed as indicated during the Spirit Day should come in academic Dress Code.